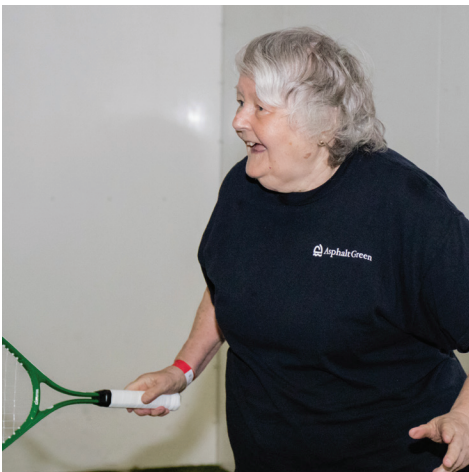




Isaacs | News + Center | Community

Your Guide to Programs and Services at the
Stanley M. Isaacs Neighborhood Center June 2017

Senior Field Day



June is LGBT Pride Month

The full month of June commemorates the anniversary of the June 28, 1969 Stone-wall riot in New York City, the incident that initiated the modern gay rights movement in the United States. LGBT Pride day is the last Sunday in June.

FRIDAYS
2:30PM

Clown & Visual Performance Project

Just like last year, we’re creating a play based on the life stories of Isaacs Center seniors! Share your experiences through the creation of visual art - or via storytelling and acting. Join us.

MONDAY
5
1:15PM

LiveOn NY Presentation

Please join us on June 5th at 1:15pm for a Benefits & Entitlements presentation from LiveOn NY. LiveOn will be bringing their expertise to update our members on the latest in available benefits. Bring your questions!”

MONDAY
12
1:15PM

DOROT Presentation

On June 12th we will have a presentation by DOROT. DOROT offers a variety of programs for seniors such as Friendly Visiting, Wellness Programs for Seniors, The Resource Line and the Homelessness Prevention Program to name a few. Stop by for an informative presentation at 1:15pm.

WEDNESDAY Trader Joes

14 & 21
10:45AM
TICKET: \$1

Join us for a shopping trip on June 14th and 21st. Bagged lunch and round trip transportation will be provided. Meet at 10:45AM.

WEDNESDAY Senior Prom

14
3PM

The Isaacs Center Annual Senior Prom will be held on June 14th at 3pm. This years theme is Rock & Roll.

TUESDAY
20
7:15AM
TICKET: \$40

Trip: Smithsonian Museum

On June 20th the Isaacs Center will spend the day in Washington exploring the Smithsonian Museum you will also enjoy an all you can eat lunch buffet at the Golden Corral. Admission into the museum and lunch is included in the price. Bagged lunch will be provided from the Isaacs Center. Please meet at the Isaacs Center for 7:15am.

TUESDAY
22
1:00PM

The Group w/ Aaron

Join Aaron for the special Pride edition of the Group on June 22nd at 1:00. There will be a film and discussion to follow

TUESDAY
27
1:15PM

Annabella Gonzalez

Annabella Gonzalez Dance Theater produces dance compositions filtered through a blend of contrasting and subtly cohering styles. Join them on June 27th at 1:15pm.

WEDNESDAY
28

Lunch on June 28th

Lunch at the Senior Center will be served at 11am and will end at 12pm on June 28th, due to the Community Festival at 1pm. There will only be one seating.

WEDNESDAY
28
10:15AM

Community Festival

The Community Festival will be held on June 28th from 1pm-4pm. This is a time for you to sit and chat with your neighbors and staff of the Isaacs Center.

WEDNESDAY
30
5PM

Elderlicious

Come enjoy an original performance by a talented group of Stanley Isaacs seniors on Friday, June 30th at 5pm as they explore the unexpected moments of their lives through scene, clown, music, dance, and visual art! Working for the past few months with professional artists from Elders Share the Arts in theater, clown, and visual art, these performers have been using these art forms to mine the humor and the humanity in their own life-stories. Come join our magic circle where the unexpected is bound to happen! Supported by the city’s SU-CASA program.

Movies

at the Isaacs Center

Jun 1 Thu
Moonlight

Jun 2 Fri
The Light Between Oceans

Jun 5 Mon
The Danish Girl

Jun 8 Thu
The Theory of Everything

Jun 9 Fri
Freeheld

Jun 12 Mon
Lion

Jun 15 Thu
Fantastic Beats and Where to Find Them

Jun 16 Fri
Doctor Strange

Jun 19 Mon
The Lake House

Jun 22 Thu
Frozen

Jun 23 Fri
Passengers

Jun 26 Mon
The Girl on the Train

Jun 29 Thu
Julieta

Jun 30 Fri
The Choice

Movie Schedule

Mondays	Thursdays	Fridays
2:30PM	3:00PM	1:15PM

Office Hours w/ Greg

Stop in to speak with Greg during his weekly “office hours.” See Eileen to schedule a time.

Spotlight



Thank you for joining us at Asphalt Green for Senior Field Day. See you at the Community Festival on June 28th 1PM-4PM.

Upcoming Month

July 2017

- Senior Center Trip to Kruckers Picnic Grove
- Isaacs Center will be closed on Tuesday, July 4th 2017.

Isaacs Center General Information

Isaacs Center Front Desk

For Isaacs Center information, please call Helen, our front desk receptionist, at 212.360.7620 ext. 110. Stop by and say hello to Helen.

Meals on Wheels

For Meals on Wheels information and registration, please call us at 212.348.4344.

Senior Center

Membership and registration are free to all NYC residents age 60 and over. To become a Senior Center member, please ask for an appointment at the front desk.

NORC-SSP

The NORC-SSP provides comprehensive case management and case assistance to older adult residents living in the Isaacs/Holmes Houses.

FREE WI-FI

The Isaacs Center now has free Wi-Fi service. Stop by the front desk to find out how to connect.

Isaacs Youth Center

For information about our Youth Employment and Education Services and our School Age Services and Adolescent Programs, please call 212.360.7625, ext 210.

JUNE 2017

SENIOR CENTER ACTIVITIES

The Isaacs Center is open from 8:00AM to 5:00PM on weekdays.

All events are held at the Isaacs Center unless otherwise noted.

*Please note that an advance ticket is required for some activities.

Arts Connect with Afterschool kids



05 Mon World Environment Day
9:30 Tai-Chi w/ Clara
10:30 Zumba w/ Yvonne
11AM-2PM Senator Serrano Office Hours
1:15 Art for Beginners w/ Frank
1:15 **LiveOn Benefits Presentation**
1:30 Pet Therapy w/ Alice
2:00 Piano Lessons w/ Nick
2:15 Drama Workshop w/ Frank
2:30 Movie

12 Mon Anne Frank Day
9:30 Tai-Chi w/ Clara
10:30 Zumba w/ Yvonne
1:15 Art for Beginners w/ Frank
1:15 **DOROT Presentation**
1:30 Pet Therapy w/ Alice
2:00 Piano Lessons w/ Nick
2:15 Drama Workshop w/ Frank
2:30 Movie

19 Mon Juneteenth
9:30 Tai-Chi w/ Clara
10:30 Zumba w/ Yvonne
1:15 Art for Beginners w/ Frank
1:15 **Nutrition Education w/ Jennilyn**
1:30 Pet Therapy w/ Alice
2:00 Piano Lessons w/ Nick
2:15 Drama Workshop w/ Frank
2:30 Movie

26 Mon
9:30 Tai-Chi w/ Clara
10:30 Zumba w/ Yvonne
1:15 Art for Beginners w/ Frank
1:30 Pet Therapy w/ Alice
2:00 Piano Lessons w/ Nick
2:15 Drama Workshop w/ Frank
2:30 Movie

06 Tue Ticket Sales 9–10:30AM
9:30 Stay Well Fitness w/ Denis
10:30 Meditation
1-4PM Nurse Lorraine Walk-In
1:15 Rincón Latino w/ Jennifer
1:15 **Nutrition Education w/ Jennilyn & Food Committee w/ Jeffery**
2:15 Bingo
2:15 Rincón Latino Art Class
2:30 **Ed & Rec Committee w/ Anita**
3:30 Arts and Crafts
3:30 **Hospitality Committee w/ Khristel**
5:00 Yoga
7PM **Isaacs Tenant Meeting**

13 Tue
9:30 Stay Well Fitness w/ Denis
10:30 Meditation
1-4PM Nurse Lorraine Walk-In
1:00 **Social Action Committee w/ Aaron**
1:15 Rincón Latino w/ Jennifer
2-5PM **Councilman Ben Kallos Mobile Office Hours**
2:15 Bingo
2:15 Rincón Latino Art Class
5:00 Yoga
7PM **Isaacs Tenant Meeting**

20 Tue Trip: Smithsonian Museum*
9:30 Stay Well Fitness w/ Denis
10:30 Meditation
1-4PM Nurse Lorraine Walk-In
1:15 Rincón Latino w/ Jennifer
2:15 Bingo
2:15 Rincón Latino Art Class
3:30 Arts and Crafts
5:00 Yoga
7PM **Holmes Tenant Meeting**

27 Tue Sunglasses Day
9:30 Stay Well Fitness w/ Denis
10:30 Meditation
1-4PM Nurse Lorraine Walk-In
1:15 Rincón Latino w/ Jennifer
1:15 **Annabella Gonzalez Dance Theater**
2:15 Bingo
2:15 Rincón Latino Art Class
3:30 Arts and Crafts
5:00 Yoga

07 Wed Ticket Sales 9–10:30AM
10-12PM Blood Pressure Screenings
10:30 Yoga w/ Nammi
11:30-1:30PM **FIDA Tabling**
1:15 **Membership Meeting**
2:30 Scrabble Group
3:30 Bingo

14 Wed Flag Day Trip: Traders Joes*
10-12PM Blood Pressure Screenings
10:30 Yoga w/ Nammi
1:15 Groove w/ Yvonne
1:30 Q&A w/ Computers
2:30 Scrabble Group
3:00 **Senior Prom**
3:00 Women’s Group w/ Nancy
3:30 Bingo

21 Wed Trip: Traders Joes*
9:45 Health Chat w/ Huda “GI Issues”
10-12PM Blood Pressure Screenings
10:30 Yoga w/ Nammi
11:30-1:30PM **FIDA Tabling**
1:15 Groove w/ Yvonne
1:30 Q&A w/ Computers
2:30 Scrabble Group
3:30 Bingo

28 Wed
10:30 Yoga w/ Nammi

Community Festival
1PM - 4PM

01 Thu
10:00 Zumba
12:00 Craft Hour
1:00 The Group w/ Aaron
2:00 Its All About the Short Story
2:00 Daily Fitness
2:20 Mandarin Class
3:00 Movie
3:00 Art Class w/ Nancy

08 Thu Ticket Sales 9–10:30AM
10:00 Zumba
12:00 Craft Hour
1:00 The Group w/ Aaron
2:00 Its All About the Short Story
2:00 Daily Fitness
2:20 Mandarin Class
3:00 Advanced Jewelry Making
3:00 Movie
3:00 Art Class w/ Nancy

15 Thu
10:00 Zumba
12:00 Craft Hour
1:00 The Group w/ Aaron
2:00 Its All About the Short Story
2:00 Daily Fitness
2:20 Mandarin Class
3:00 Movie
3:00 Advanced Jewelry Making

22 Thu
10:00 Zumba
12:00 Craft Hour
1:00 **The Group w/ Aaron “Special Pride Edition”**
2:00 Its All About the Short Story
2:00 Daily Fitness
2:20 Mandarin Class
3:00 Movie
3:00 Advanced Jewelry Making

29 Thu
10:00 Zumba
12:00 Craft Hour
1:00 The Group w/ Aaron
2:00 Its All About the Short Story
2:00 Daily Fitness
2:20 Mandarin Class
3:00 Movie

02 Fri Cinco De Mayo
9:30 Groove w/ Roger
1-4PM Nurse Lorraine Walk-In
1:15 Movie
2:15 Bingo
2:30 **Clown & Visual Peformance Project**

09 Fri
9:30 Groove w/ Roger
1-4PM Nurse Lorraine Walk-In
1:15 Movie
1:15 **Vocal Ease Performance**
2:15 Bingo
2:30 **Clown & Visual Peformance Project**

16 Fri
9:30 Groove w/ Roger
10-12PM **VOLS Legal Clinic**
1-4PM Nurse Lorraine Walk-In
1:15 Movie
1:15 **Birthday Party**
3:00 **Clown & Visual Peformance Project**
3:00 Bingo

23 Fri
9:30 Groove w/ Roger
1-4PM Nurse Lorraine Walk-In
2:15 Bingo
2:30 **Clown & Visual Peformance Project**
3:00 Movie

30 Fri
9:30 Groove w/ Roger
1-4PM Nurse Lorraine Walk-In
2:15 Bingo
3:00 Movie
5:00 **Elderlicious!**

03 Sat
10:00 Yoga -
Located at Isaacs Center
11-1PM Granny Squared -
Located at Isaacs Center

10 Sat Race Unity Day
10:00 Yoga -
Located at Isaacs Center

17 Sat
10:00 Yoga -
Located at Isaacs Center
11-1PM Granny Squared -
Located at Isaacs Center

24 Sat
10:00 Yoga -
Located at Isaacs Center



JUNE 2017

SENIOR CENTER MENU

Breakfast

Breakfast is offered Mon-Fri, 8:30AM-9:15AM. Suggested contribution is 50¢.

Lunch

A delicious, nutritionally balanced Lunch is offered Mon-Fri, 11:45AM-12:30PM. Suggested contribution is \$2 for seniors. Guest rate is \$3.

05 Mon

- B: Continental Breakfast
- L: Oven-Baked Pork Chops
Mushroom Rice Pilaf
Whole Wheat Bread
Italian Cut Green Beans
Orange, Milk

06 Tue

- B: Continenta Breakfast
- L: Turkey Meatloaf, w/ Mushroom Gravy
Whole Wheat Bread
Mashed Potatoes
Steamed Spinach
Honeydew, Milk

07 Wed

- B: Continental Breakfast
- L: Grilled Carribean Chicken Breast
Bowtie Noodles
Whole Wheat Bread
Steamed Carrots
Cantaloupe, Milk

12 Mon

- B: Continental Breakfast
- L: Stuffed Peppers w/ Beef & Turkey
White Rice
Whole Wheat Bread
Romaine, Kale, Pepper, Black Olive & Feta Salad
Orange, Milk

13 Tue

- B: Continental Breakfast
- L: Baked Ziti w/ Meat Sauce
Whole Wheat Bread
Mixed Green Salad
Cantaloupe, Mlk

14 Wed

- B: Continental Breakfast
- L: BBQ Pork Chops
Whole Wheat Bread
Baked Sweet Potato
Mixed Vegetables
Honeydew, Milk

19 Mon

- B: Continental Breakfast
- L: Baked Chicken Legs
Brown Rice w/ Beans
Whole Wheat Bread
Vegetables
Orange Juice
Watermelon, Milk

20 Tue

- B: Continental Breakfast
- L: Eggplant Parmesan
Whole Wheat Bread
Garden Salad
Kale w/ Tomato
Orange, Milk

26 Mon

- B: Continental Breakfast
- L: Vegetable Soup
Eggplant Parmesan
Whole Wheat Bread
Cucumber Salad
Lettuce & Tomato
Orange Pineapple Juice, Milk

27 Tue

- B: Continental Breakfast
- L: Beef Stir Fry
White Rice
Whole Wheat Bread
Oriental Blend Vegetables
Orange, Milk

28 Wed

- B: Continental Breakfast
- L: Lentil Soup
Turkey Meatballs
Whole Wheat Bread
Whole Wheat Spaghetti
Italian Cut Green Beans
Kiwi, Milk

01 Thu

- B: Continental Breakfast
- L: Vegetable Lasagna
Whole Wheat Bread
Garden Salad
Banana, Milk

08 Thu

- B: Continental Breakfast
- L: Beef Pot Roast
Whole Wheat Bread
Baked Sweet Potato
Collard Green w/ Tomato

15 Thu

- B: Continental Breakfast
- L: Beef & Broccoli
White Rice
Steamed Carrots
Apple Juice
Fruit Cocktail, Milk

22 Thu

- B: Continental Breakfast
- L: Lean Lamb Chops
Quinoa
Whole Wheat Bread
Collard Greens w/ Tomato
Banana, Milk

29 Thu

- B: Continental Breakfast
- L: Baked Chicken Legs
Baked Sweet Potato
Whole Wheat Bread
Steamed Broccoli
Sliced Peaches, Milk

02 Fri

- B: Continental Breakfast
- L: Spanish Style Baked Fish
Polenta
Whole Wheat Bread
Collard Greens
Honeydew, Milk

09 Fri

- B: Continental Breakfast
- L: Baked Fish w/ Garlic Sauce
Brown Rice
Whole Wheat Bread
Green Bean Sauté
Banana
Orange Pineapple Juice, Milk

16 Fri

- B: Continental Breakfast
- L: Tuna Fish Salad
Whole Wheat Dinner Roll
Beet Salad
Cole Slaw
Pineapple, Milk

23 Fri

- B: Continental Breakfast
- L: Tilapia w/ Lemon Dill Sauce
Whole Wheat Bread
Roasted Potatoes
Spinach, Apple, & Red Onion Salad
Fruit Cocktail, Milk

30 Fri

- B: Continental Breakfast
- L: Baked Flounder
Whole Wheat Bread
Yuca w/ Onions
Sautéed Spinach
Apple Juice
Canned Apricots, Milk

03 Sat **Take Home Lunch Distributed on Friday**

- L: Beef Salisbury Steak w/ Mushroom Sauce
Egg Noodles
Whole Wheat Bread
Steamed Broccoli
Orange, Milk

10 Sat **Take Home Lunch Distributed on Friday**

- L: Chicken Salad
Whole Wheat Dinner Roll
Cabbage-Carrot Slaw
Potato Salad
Orange, Milk

17 Sat **Take Home Lunch Distributed on Friday**

- L: Turkey w/ Gravy
Whole Wheat Bread
Wild Rice
Steamed Spinach
Pear, Milk

24 Sat **Take Home Lunch Distributed on Friday**

- L: Hawaiian Chicken
Whole Wheat Bread
Yellow Rice
Brussel Sprouts
Orange, Milk

Arts Connect with Afterschool kids



JUNE 2017

MEALS ON WHEELS MENU

Please remember that Meals on Wheels is here to assist you. If you have questions or concerns regarding the meals you are receiving or the delivery service, please feel free to call our office at 212.348.4344.

04 Sun

Turkey w/ Gravy
Brown Rice w/ Mushrooms
Whole Wheat Bread
Cut Green Beans
Apple Juice, Milk

05 Mon

Beef Stew w/ Carrots & Onions
Whole Wheat Bread
Cut Green Beans
Red Bliss Potatoes
Orange
Apple Juice, Milk

06 Tue

Chicken Alfredo
Fettucini w/ Sauce
Whole Wheat Bread
Baby Carrots w/ Parsley
Vanilla Pudding
Orange Juice, Milk

07 Wed

Baked Basa Fish
Couscous w/ Peas & Lemon
Whole Wheat Bread
Steamed Spinach
Apple
Orange Pineapple Juice, Milk

11 Sun

Honey Apricot Glazed Chicken
Rice w/ Corn
Whole Wheat Bread
Broccoli
Canned Apricots
Orange Pineapple Juice, Milk

12 Mon

Baked Turkey Breast
Whole Wheat Bread
Italian Blend Vegetables
Mashed Sweet Potatoes
Apple
Orange Juice, Milk

13 Tue

Chicken Fricassee
Rice w/ Chickpeas
Whole Wheat Bread
Steamed Kale
Canned Pears
Orange Pineapple Juice, Milk

14 Wed

Swiss Steak w/ Onions
Whole Wheat Bread
Mashed Potatoes
Vegetable Mix
Kiwi
Apple Juice, Milk

18 Sun

Baked Ham w/ Pineapple
Whole Wheat Bread
Wild Rice
Baby Carrots w/ Parsley
Apple
Orange Juice, Milk

19 Mon

Barbecued Boneless Beef Ribs
Whole Wheat Bread
Baby Carrots w/ Parsley
Garlic Mashed Potatoes
Kiwi
Orange Pineapple Juice, Milk

20 Tue

Orange Glazed Chicken
Black Beans & Rice
Whole Wheat Bread
Mixed Vegetables
Apple Juice, Milk

21 Wed

Baked Basa Fish
Dill Lemon Sauce
Orzo Pilaf
Whole Wheat Bread
Steamed Spinach
Apple
Orange Juice, Milk

25 Sun

Turkey w/ Gravy
Egg Noodles
Whole Wheat Bread
Italian Cut Green Beans
Canned Apricots
Apple Juice, Milk

26 Mon

Beef Meatloaf w/ Mushroom Gravy
Mashed Red Potatoes
Whole Wheat Bread
California Blend Vegetables
Kiwi
Apple Juice, Milk

27 Tue

Curry Chicken
Egg Noodles
Whole Wheat Bread
Steamed Broccoli & Cauliflower
Applesauce
Orange Juice, Milk

28 Wed

Baked Whiting Fish Fillets
Dill Lemon Sauce
Couscous
Whole Wheat Bread
Italian Blend Vegetables
Sliced Peaches
Orange Pineapple Juice, Milk

01 Thu

Chicken Chasseur
Whole Wheat Bread
Italian Blend Vegetables
Roasted Potatoes
Banana
Apple Juice, Milk

02 Fri

Teriyaki Tilapia
Barley
Whole Wheat Bread
Baby Carrots w/ Parsley
Apple
Orange Juice, Milk

03 Sat

Beef Salisbury Steak w/ Mushroom Sauce
Whole Wheat Bread
Garlic & Rosemary Roasted Potatoes
Zucchini & Peas
Canned Apricots
Orange Pineapple Juice, Milk

08 Thu

Cranberry Chicken
Mashed Red Potatoes
Whole Wheat Bread
Italian Blend Vegetables
Fruit Cocktail
Apple Juice, Milk

09 Fri

Salmon in Garlic Butter Sauce
Quinoa Pilaf
Whole Wheat Bread
Steamed Spinach
Banana
Orange Pineapple Juice, Milk

10 Sat

Meat Sauce w/ Chunky Peppers in Tomato Sauce
Egg Noodles
Whole Wheat Bread
Normandy Blend Vegetables
Kiwi
Apple Juice, Milk

15 Thu

Chicken Parmesan
Penne
Whole Wheat Bread
Sauteed Broccoli w/ Mushrooms & Steamed Spinach
Pearl Onion
Vanilla Pudding
Orange Juice, Milk

16 Fri

Baked Basa Fish
Bulgur
Whole Wheat Bread
Steamed Spinach
Banana
Orange Pineapple Juice, Milk

17 Sat

Beef Meatloaf w/ Mushroom Gravy
Orzo
Whole Wheat Bread
California Blend Vegetables
Orange
Apple Juice, Milk

22 Thu

Coconut Chicken Curry w/ Broccoli & Tomato
White Rice
Whole Wheat Bread
Broccoli
Banana
Orange Pineapple Juice, Milk

23 Fri

Citrus Sesame Crusted Salmon
Whole Wheat Bread
Italian Blend Vegetables
Mashed Red Potatoes
Canned Pineapple
Orange Juice, Milk

24 Sat

Beef Salisbury Steak w/ Mushroom Sauce
Quinoa Pilaf
Whole Wheat Bread
Steamed Broccoli
Orange
Orange Pineapple Juice, Milk

29 Thu

Hawaiian Chicken
Brown Rice w/ Beans
Whole Wheat Bread
Baby Carrots w/ Parsley
Banana
Apple Juice, Milk

30 Fri

Baked Basa Fish
Ginger Sauce
Bulgur
Whole Wheat Bread
Spinach
Apple
Orange Pineapple Juice, Milk

Arts Connect with Afterschool kids



PUZZLES & GAMES

Its June.
Find the words that relate to Pride.

E T M J L M Z D K J L S W I Q W C H Y B R M D E W B
X L T Q A L W R R G Z X S P L Y A T W C E T A Q M W
T Z A R U X B W X U Z R E E G E I X U N S C L L S B
T X M M X Y T I N U M M O C N T S L I E P C K O E X
R F M C E I T T X F F I T H N E T B D O E R N T A X
D Z I J S F D N Q B L L M E Y U R A I S C S Y C X Q
E X H L I R E D N E G H D G R N R A A A T T T M G X
A C J T B F M N X J J I U E I A R E W S N H T Y A M
A R H G H P R I D E V Z P C P M X M R A C G B Z R D
E Q U A L I T Y L X C S M S B U K O T F V I M P B N
Z Q I Y M U L W K S V K B F E A H Q Z U Y R D H P J

Pride
Gender
Lesbian
Gay
Bisexual

Male
Female
Rights
Parade
Community

Identity
Awareness
Respect
Culture
Equality

RIDDLES

Take your pick and solve these riddles

1. You can see me in water, but I never get wet. What am I?
2. What belongs to you but others use it more than you do?
3. You will always find me in the past. I can be created in the present, But the future can never taint me. What am I?
4. What is easy to get into, but hard to get out of?
5. I go in hard. I come out soft. You blow me hard. What am I?

A reflectionYour nameHistoryTroubleGum

THANKS FOR SHARING A
SUNDAY SUPPER WITH US

We'll see you again in the fall





Isaacs | News + Center | Community

Your Guide to Programs and Services at the
Stanley M. Isaacs Neighborhood Center May 2017

Senior Field Day

