Thanksgiving Lunch
Thank you to all the volunteers who generously gave their time
This month at the Isaacs Center Senior Center

**December 2016**

**FRIDAYS**

**Fridays**

**DEC 23 & 30**

**Early Closing**

Isaacs Center will be closing early on Friday, December 23rd, 2016 and Friday, December 30th, 2016.

**MONDAY**

**Closed for Programming**

Isaacs Center will also be closed on Monday, December 26th, 2016 and Monday, January 2nd, 2017.

**TUESDAYS**

**3:30PM**

**Arts & Crafts**

The Arts & Crafts class is held every Tuesday at 3:30pm. Take a load off your mind and make beautiful art pieces.

**Tuesdays**

**DEC 26**

**Townhall/Membership Meeting**

The first Wednesday of the month, all Senior Center members are invited to meet the staff, hear program updates and ask questions. We would love your feedback.

**TUESDAY**

**DEC 13**

**Councilman Kallos Mobile Office Hours**

A member of our City Council Member Ben Kallos will be on location at the Isaacs Center from 2-5PM on Tuesday, Dec 13th. You can ask questions about city agencies and receive assistance with applications for S.C.R.I.E., SNAP, Medicaid, Access-A-Ride, and other benefits and city services; tenant issues; and much more.

**WEDNESDAY**

**10:15AM**

**Trader Joe’s**

Join us for a shopping trip on Dec 14th. Bagged lunch and round trip transportation will be provided. Meet at 10:15AM. Sign up during ticket sales.

**SUNDAY**

**10:15AM**

**Holiday Luncheon**

Join us on Sunday, December 25th for our annual Holiday Luncheon. Doors will open at 10:15am, lunch will be served at 11am. Sign up during ticket sales on December 6th.

**WEDNESDAY**

**10:15AM**

**Dollarama Party**

Feel like having fun? Do you want to hang out with some great people? If you said yes, then you should join the hospitality committee fundraiser on December 28th at 4:00pm. Cost is only $1 to get in. Please BYO D - Bring your own drinks (non-alcoholic).

**FRIDAYS**

**DEC 2**

**Senior Advocacy Presentation**

Understanding health information is the number one predictor of good health outcomes. This presentation will teach you tools and tips to improve communication with your healthcare team. The talk will be provided in two sessions; one in English and one in Spanish. We hope to see you there. December 2nd at 1:15pm.

**TUESDAY**

**DEC 2**

**Senior Advocacy Presentation**

La comprensión de la información de salud es el predictor número uno de buenos resultados de la salud. Esta presentación le enseñará herramientas y consejos para mejorar la comunicación con su equipo de atención médica. La charla se dará en dos sesiones; Uno en inglés y otro en español. Esperamos verlos ahí. 2 de diciembre de

**TUESDAY**

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**MONDAY**

**DEC 26**

**Closed for Programming**

Isaacs Center will be closing early on Friday, December 23rd, 2016 and Friday, December 30th, 2016.

**THURSDAYS**

**3PM**

**Other Thursday at 3pm. Come join the fun**

Advanced jewelry making class is held every other Thursday at 3pm. Come join the fun and leave with a piece you created.

**THURSDAYS**

**2:00PM**

**It’s All About The Short Story**

It’s All About The Short Story has returned on Thursdays at 2:00! This literature course focuses on the key elements of writing a short story.

**FRIDAYS**

**DEC 2**

**Senior Advocacy Presentation**

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**TUESDAY**

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**WEDNESDAY**

**28 4PM**

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**Movies**

**at the Isaacs Center**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Movie</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec 1</td>
<td>Thu 2:30PM</td>
<td>Hitched for the Holidays</td>
</tr>
<tr>
<td>Dec 2</td>
<td>Fri 1:15PM</td>
<td>Mrs. Miracle</td>
</tr>
<tr>
<td>Dec 5</td>
<td>Mon 2:00PM</td>
<td>The 12 Dogs of Christmas</td>
</tr>
<tr>
<td>Dec 8</td>
<td>Thu 1:15PM</td>
<td>The Polar Express</td>
</tr>
<tr>
<td>Dec 9</td>
<td>Fri 10:15AM</td>
<td>The Holiday</td>
</tr>
<tr>
<td>Dec 12</td>
<td>Mon 10:15AM</td>
<td>Love Actually</td>
</tr>
<tr>
<td>Dec 15</td>
<td>Thu 1:15PM</td>
<td>This is Where I Leave You</td>
</tr>
<tr>
<td>Dec 16</td>
<td>Fri 1:15PM</td>
<td>Miracle on 34th Street</td>
</tr>
<tr>
<td>Dec 19</td>
<td>Mon 10:15AM</td>
<td>Little Women</td>
</tr>
<tr>
<td>Dec 22</td>
<td>Mon 1:15PM</td>
<td>Frozen</td>
</tr>
<tr>
<td>Dec 23</td>
<td>Fri 1:15PM</td>
<td>Last Holiday</td>
</tr>
<tr>
<td>Dec 26</td>
<td>Mon 10:15AM</td>
<td>Isaacs Center Closed</td>
</tr>
<tr>
<td>Dec 29</td>
<td>Mon 10:15AM</td>
<td>Steel Magnolias(1989)</td>
</tr>
<tr>
<td>Dec 30</td>
<td>Fri 1:15PM</td>
<td>Steel Magnolias(2012)</td>
</tr>
</tbody>
</table>

**Movie Schedule**

Mondays: 2:30PM  
Thursdays: 3:30PM  
Fridays: 1:15PM

**Office Hours w/ Greg**

Stop in to speak with Greg during his weekly “office hours.” See Eileen to schedule a time.

**Upcoming Month**

January 2017

- Isaacs Center will be closed on Monday, January 2nd, 2017 and Monday, January 16th, 2017
- Poets and Writers Reading Day January 24th, 2017 at 1:30PM

**Xiomara**

After 8-1/2 years of service, Xiomara will be leaving the Isaacs Center. We are so very grateful for her skill and generosity of spirit, and we are so lucky to have been able to call her our colleague for so many years. We wish you the very best.

**Isaacs Center General Information**

**Isaacs Center Front Desk**

For Isaacs Center Information, please call Helen, our front desk receptionist, at 212.360.7620 ext. 110. Stop by and say hello to Helen.

**NORC-SSP**

The NORC-SSP provides comprehensive case management and case assistance to older adult residents living in the Isaacs/Holmes Houses. For more information, call Xiomara Martinez at 212.360.7620, ext 159.

**Meals on Wheels**

For Meals on Wheels information and registration, please call us at 212.348.4344.

**Senior Center**

Membership and registration are free to all NYC residents age 60 and over. To become a Senior Center member, please ask for an appointment at the front desk.

**Isaacs Youth Center**

For information about our Youth Employment and Education Services and our School Age Services and Adolescent Programs, please call 212.360.7625, ext 210.

**FREE WI-FI**

The Isaacs Center now has free Wi-Fi service. Stop by the front desk to find out how to connect.

**SINC News+Community**

This month at the Isaacs Center Senior Center

3:30PM  
2:00PM  
3PM  
2:30PM
## SENIOR CENTER MENU

### BREAKFAST

Breakfast is offered Mon-Fri, 8:30AM-9:15AM. Suggested contribution is $0.40.

<table>
<thead>
<tr>
<th>Date</th>
<th>Item 1</th>
<th>Item 2</th>
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</thead>
<tbody>
<tr>
<td>05 Mon</td>
<td>French Toast</td>
<td>B: French Toast</td>
</tr>
<tr>
<td></td>
<td>Vegetable Soup</td>
<td>L: Corn Muffin w/ Boiled Egg</td>
</tr>
<tr>
<td></td>
<td>Baked Macaroni &amp; Cheese</td>
<td>L: BBQ Chicken</td>
</tr>
<tr>
<td></td>
<td>Whole Wheat Bread</td>
<td>L: Whole Wheat Bread</td>
</tr>
<tr>
<td></td>
<td>Mixed Green Salad</td>
<td>L: Steamed Pork Chops</td>
</tr>
<tr>
<td></td>
<td>Sliced Peaches</td>
<td>L: Whole Wheat Bread</td>
</tr>
<tr>
<td></td>
<td>Apple Juice, Milk</td>
<td>L: Steamed Kale</td>
</tr>
<tr>
<td></td>
<td>Orange Juice, Milk</td>
<td>L: Sweet Baked Yams</td>
</tr>
<tr>
<td></td>
<td></td>
<td>L: Sliced Peaches</td>
</tr>
<tr>
<td></td>
<td></td>
<td>L: Orange Pineapple Juice, Milk</td>
</tr>
</tbody>
</table>

### LUNCH

A delicious, nutritionally balanced Lunch is offered Mon-Fri, 11:45AM-12:30PM. Suggested contribution is $2 for seniors. Guest rate is $3.

<table>
<thead>
<tr>
<th>Date</th>
<th>Item 1</th>
<th>Item 2</th>
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</thead>
<tbody>
<tr>
<td>05 Mon</td>
<td>Waffles &amp; Sausage</td>
<td>L: Turkey w/ Gravy</td>
</tr>
<tr>
<td></td>
<td>Whole Wheat Bread</td>
<td>L: Braised Collard Greens</td>
</tr>
<tr>
<td></td>
<td>Sweet Baked Yams</td>
<td>L: Sweet Baked Yams</td>
</tr>
<tr>
<td></td>
<td>Fruit Jello</td>
<td>L: Grape Juice, Milk</td>
</tr>
<tr>
<td>06 Tue</td>
<td>Corn Muffin w/ Boiled Egg</td>
<td>L: Bagel w/ Cream Cheese &amp; Oatmeal</td>
</tr>
<tr>
<td></td>
<td>Whole Wheat Bread</td>
<td>L: Beef &amp; Vegetable Stew</td>
</tr>
<tr>
<td></td>
<td>Mustard Greens</td>
<td>L: Brown Rice</td>
</tr>
<tr>
<td></td>
<td>Sweet Baked Yams</td>
<td>L: Steamed Cabbage Mix</td>
</tr>
<tr>
<td></td>
<td>Orange</td>
<td>L: Canned Pineapple</td>
</tr>
<tr>
<td></td>
<td>Pineapple Juice, Milk</td>
<td>L: Grape Juice, Milk</td>
</tr>
<tr>
<td>07 Wed</td>
<td>Bagel w/ Cream Cheese &amp; Oatmeal</td>
<td>L: Baked Ziti w/ Meat Sauce</td>
</tr>
<tr>
<td></td>
<td>Beef &amp; Vegetable Stew</td>
<td>L: Whole Wheat Bread</td>
</tr>
<tr>
<td></td>
<td>Brown Rice</td>
<td>L: BBQ Chicken</td>
</tr>
<tr>
<td></td>
<td>Steamed Cabbage Mix</td>
<td>L: Lettuce &amp; Tomato</td>
</tr>
<tr>
<td></td>
<td>Canned Pineapple</td>
<td>L: Mustard Greens</td>
</tr>
<tr>
<td></td>
<td>Grape Juice, Milk</td>
<td>L: Orange Pineapple Juice</td>
</tr>
</tbody>
</table>

### DECEMBER 2016

*Senior Center closed in observance of Christmas Holiday*
MEALS ON WHEELS MENU

DECEMBER 2016

Please remember that Meals on Wheels is here to assist you. If you have questions or concerns regarding the meals you are receiving or the delivery service, please feel free to call our office at 212.348.4344.

If you know someone who would benefit from Meals on Wheels or if you have further questions regarding the program, please call Alicia Flores at 212.360.7630 x126.

Please call 212.348.4344 for your special Holiday Meal to be delivered on Christmas Day.

MEALS TO BE DELIVERED IN ADVANCE

Isaacs Center closed in observance of Christmas Holiday

Isaacs Center closed in observance of New Year Holiday
Its December.
Find the words that relate to winter and the holidays.

PUZZLES & GAMES
SUNDAY SUPPERS
Photos from our last Sunday Suppers on November 20th 2016.
Thank you to all the volunteers that came out and helped out.
Help us keep this tradition going by contributing at www.isaacscenter.org

RIDDLES
Take your pick and solve these riddles

1. if you put roast in a roaster what do you put in toaster?
2. I’m a god, a planet, and measurer of heat.
3. Why did outlaws sleep on the ground after robbing a bank?
4. Where do rivers sleep?
5. Who does the ocean date?

Who am I?

SINC News+Community | December 2016

11
Photos from our Halloween Celebration