



Isaacs | News + Center | Community

Your Guide to Programs and Services at the
Stanley M. Isaacs Neighborhood Center December 2016

Thanksgiving Lunch

Thank you to all the volunteers who generously gave their time



- FRIDAYS
DEC
23 & 30

Early Closing
Isaacs Center will be closing early on Friday, Demember 23rd, 2016 and Friday, December 30th, 2016.
- MONDAY
DEC
26
JAN
2

Closed for Programming
Isaacs Center will also be closed on Monday, December 26th, 2016 and Monday, January 2nd, 2017.
- TUESDAYS
3:30PM

Arts & Crafts
The Arts & Crafts class is held every Tuesday at 3:30pm. Take a load off your mind and join us in painting, coloring, and creating beautiful art pieces.
- THURSDAYS
2:00PM

Its All About The Short Story
It's All About the Short Story has returned on Thursdays at 2:00! This literature course focuses on the key elements of writing a short story.
- 2nd & 4th
Thursdays
3PM


Advanced Jewelry Making
Advanced jewelry making class is held every other Thursday at 3pm. Come join the fun and leave with a piece you created.
- FRIDAY
DEC
2
1:15PM

Senior Advocacy Presentation
Understanding health information is the number one predictor of good health outcomes. This presentation will teach you tools and tips to improve communication with your healthcare team. The talk will be provided in two sessions; one in English and one in Spanish. We hope to see you there. December 2nd at 1:15pm.

- FRIDAY
DEC
2
2:15PM

Senior Advocacy Presentation
La comprensión de la información de salud es el predictor número uno de buenos resultados de la salud. Esta presentación le enseñará herramientas y consejos para mejorar la comunicación con su equipo de atención médica. La charla se dará en dos sesiones; Uno en inglés y otro en español. Esperamos verlos ahí. 2 de diciembre de
- TUESDAY
DEC
7
1:15PM

Townhall/Membership Meeting
The first Wednesday of the month, all Senior Center members are invited to meet the staff, hear program updates and ask questions. We would love your feedback.
- TUESDAY
DEC
13
2-5PM



**COUNCILMAN KALLOS
MOBILE OFFICE HOURS**
A member of our City Council Member Ben Kallos will be on location at the Isaacs Center from 2-5PM on Tuesday, Dec 13th. You can ask questions about city agencies and receive assistance with applications for SCRIE, SNAP, Medicaid, Access-A-Ride, and other benefits and city services; tenant issues; and much more.
- WEDNESDAY
DEC
14
10:15AM
TICKET: \$1

Trader Joes
Join us for a shopping trip on Dec 14th. Bagged lunch and round trip transportation will be provided. Meet at 10:15AM. Sign up during ticket sales.
- SUNDAY
DEC
25
10:15AM

Holiday Luncheon
Join us on Sunday, December 25th for our annual Holiday Luncheon. Doors will open at 10:15am, lunch will be served at 11am. Sign up during ticket sales on December 6th.
- WEDNESDAY
DEC
28
4PM

Dollarama Party
Feel like having fun? Do you want to hang out with some great people? If you said yes, then you should join the hospitality committee fundraiser on December 28th at 4:00pm. Cost is only \$1 to get in. Please B.Y.O.D – Bring your own drinks (non-alcoholic).

- # Movies

at the
Isaacs
Center

Dec 1 Thu
Hitched for
the Holidays

Dec 2 Fri
Mrs. Miracle

Dec 5 Mon
The 12 Dogs
of Christmas

Dec 8 Thu
The Polar
Express

Dec 9 Fri
The Holiday

Dec 12 Mon
Love Actually

Dec 15 Thu
This is Where I
Leave You

Dec 16 Fri
Miracle on 34th
Street

Dec 19 Mon
Little Women

Dec 22 Mon
Frozen

Dec 23 Fri
Last Holiday

Dec 26 Mon
Isaacs Center
Closed

Dec 29 Mon
Steel
Magnolias(1989)

Dec 30 Fri
Steel
Magnolias(2012)

Movie Schedule

Mondays
2:30PM

Thursdays
3:30PM

Fridays
1:15PM

Office Hours w/ Greg

Stop in to speak with Greg during his weekly “office hours.” See Eileen to schedule a time.
- Isaacs Center General Information**

Isaacs Center Front Desk
For Isaacs Center information, please call Helen, our front desk receptionist, at 212.360.7620 ext. 110. Stop by and say hello to Helen.

Meals on Wheels
For Meals on Wheels information and registration, please call us at 212.348.4344.

Senior Center
Membership and registration are free to all NYC residents age 60 and over. To become a Senior Center member, please ask for an appointment at the front desk.

NORC-SSP
The NORC-SSP provides comprehensive case management and case assistance to older adult residents living in the Isaacs/Holmes Houses. For more information, call Xiomara Martinez at 212.360.7620, ext 159.

FREE WI-FI
The Isaacs Center now has free Wi-Fi service. Stop by the front desk to find out how to connect.

Isaacs Youth Center
For information about our Youth Employment and Education Services and our School Age Services and Adolescent Programs, please call 212.360.7625, ext 210.

Staff Spotlight



Xiomara

After 8-1/2 years of service, Xiomara will be leaving the Isaacs Center. We are so very grateful for her skill and generosity of spirit, and we are so lucky to have been able to call her our colleague for so many years. We wish you the very best.

Upcoming Month

January 2017

- Isaacs Center will be closed on Monday, January 2nd, 2017 and Monday, January 16th, 2017
- Poets and Writers Reading Day January 24th, 2017 at 1:30PM

DECEMBER 2016

SENIOR CENTER ACTIVITIES

The Isaacs Center is open from 8:00AM to 5:00PM on weekdays.

All events are held at the Isaacs Center unless otherwise noted.

*Please note that an advance ticket is required for some activities.



- 05 Mon**
- 9:30 Tai-Chi
 - 10:15 Swing w/ the Crew
 - 10:30 Zumba w/ Yvonne
 - 11-2PM **Mt. Sinai Alzheimer's Research Center**
 - 1:15 Art for Beginners w/ Frank
 - 1:30 Intermediate Spanish Class
 - 1:30 Pet Therapy w/ Alice
 - 1:30 **Fall Preventions Skills Training w/ Asphalt Green**
 - 2:00 Piano Lessons w/ Nick
 - 2:15 Drama Workshop w/ Frank
 - 2:30 Movie

- 12 Mon**
- 9:30 Tai-Chi
 - 10:15 Swing w/ the Crew
 - 10:30 Zumba w/ Yvonne
 - 1:15 Art for Beginners w/ Frank
 - 1:15 **Holiday Drama Show**
 - 1:30 Intermediate Spanish Class
 - 1:30 Pet Therapy w/ Alice
 - 2:00 Piano Lessons w/ Nick
 - 2:15 Drama Workshop w/ Frank
 - 2:30 Movie

- 19 Mon**
- 9:30 Tai-Chi
 - 10:15 Swing w/ the Crew
 - 10:30 Zumba w/ Yvonne
 - 1:15 Art for Beginners w/ Frank
 - 1:30 Intermediate Spanish Class
 - 1:30 Pet Therapy w/ Alice
 - 2:00 Piano Lessons w/ Nick
 - 2:15 Drama Workshop w/ Frank
 - 2:30 Movie

26 Mon

Isaacs Center closed in observance of Christmas Holiday

- 06 Tue Ticket Sales 9-10:30AM**
- 9:30 Stay Well Fitness w/ Denis
 - 1-4PM Nurse Lorraine Walk-In
 - 1:15 **Carelink Presentation**
 - 1:15 Rincón Latino w/ Jennifer
 - 1:30 **Food Committee w/ Jeffrey**
 - 2:15 Bingo
 - 3:30 Arts and Crafts
 - 3:30 **Hospitality Committee w/ Khristel**
 - 5:00 Yoga

- 13 Tue**
- 9:30 Stay Well Fitness w/ Denis
 - 10-3PM Live on NY
 - 11:00 **Social Action Committee w/ Aaron**
 - 1-4PM Nurse Lorraine Walk-In
 - 1:15 Rincón Latino w/ Jennifer
 - 1:30 **Fall Preventions Skills Training w/ Asphalt Green**
 - 2-5PM **Councilman Ben Kallos Mobile Office Hours**
 - 2:15 Bingo
 - 2:30 **Ed & Rec Committee w/ Anita**
 - 3:30 Arts and Crafts
 - 5:00 Yoga
 - 7PM **Isaacs Tenant Meeting**

- 20 Tue**
- 9:30 Stay Well Fitness w/ Denis
 - 1-4PM Nurse Lorraine Walk-In
 - 1:15 Rincón Latino w/ Jennifer
 - 2:30 **Holiday Party**
 - 3:30 Arts and Crafts
 - 5:00 Yoga
 - 7PM **Holmes Tenant Meeting**

- 27 Tue**
- 9:30 Stay Well Fitness w/ Denis
 - 10-3PM Live on NY
 - 1-4PM Nurse Lorraine Walk-In
 - 1:15 Rincón Latino w/ Jennifer
 - 2:15 Bingo
 - 3:30 Arts and Crafts
 - 5:00 Yoga

- 07 Wed Ticket Sales 9-10:30AM**
- 10-12PM Blood Pressure Screenings
 - 9:45 **Health Chat w/ Huda "Kidney & Liver Function"**
 - 10:30 Yoga w/ Nammi
 - 10:30 Intermediate Spanish Class
 - 1:15 **Townhall/Membership Meeting**
 - 2:30 Scrabble Group
 - 3:30 Bingo

- 14 Wed Trip: Traders Joes***
- 10-12PM Blood Pressure Screenings
 - 10:30 Yoga w/ Nammi
 - 10:30 Intermediate Spanish Class
 - 1:15 Groove w/ Yvonne
 - 1:15 **Patient Advocacy w/ Jess**
 - 1:30 Q&A w/ Computers
 - 2:30 Scrabble Group
 - 2:30 Poets and Writers
 - 3:00 Women's Group w/ Nancy
 - 3:30 Bingo

- 21 Wed**
- 10:30 Yoga w/ Nammi
 - 10:30 Intermediate Spanish Class
 - 1:15 Groove w/ Yvonne
 - 1:30 Q&A w/ Computers
 - 2:30 Scrabble Group
 - 3:30 Bingo

- 28 Wed**
- 10:30 Yoga w/ Nammi
 - 10:30 Intermediate Spanish Class
 - 1:15 Groove w/ Yvonne
 - 1:15 **Mt. Sinai Presentation**
 - 1:30 Q&A w/ Computers
 - 2:30 Scrabble Group
 - 3:00 Women's Group w/ Nancy
 - 4:00 **Dollarama Party**

- 01 Thu**
- 10:00 Beginners Spanish
 - 12:00 Craft Hour
 - 1:00 The Group w/ Aaron
 - 2:00 Daily Fitness
 - 2:00 Its All About the Short Story
 - 3:00 Art Class w/ Nancy
 - 3:30 Movie

- 08 Thu Ticket Sales 9-10:30AM**
- 10:00 Beginners Spanish
 - 12:00 Craft Hour
 - 1:00 The Group w/ Aaron
 - 2:00 **Fall Preventions Skills Training w/ Asphalt Green**
 - 2:00 Daily Fitness
 - 2:00 Its All About the Short Story
 - 3:00 Advanced Jewelry Making
 - 3:00 Art Class w/ Nancy
 - 3:30 Movie
- 15 Thu**
- 10:00 Beginners Spanish
 - 12:00 Craft Hour
 - 1:00 The Group w/ Aaron
 - 2:00 Daily Fitness
 - 2:00 Its All About the Short Story
 - 3:30 Movie

- 22 Thu**
- 10:00 Beginners Spanish
 - 12:00 Craft Hour
 - 1:00 The Group w/ Aaron
 - 2:00 Daily Fitness
 - 2:00 Its All About the Short Story
 - 3:00 Art Class w/ Nancy
 - 3:00 Advanced Jewelry Making
 - 3:30 Movie

- 29 Thu**
- 10:00 Beginners Spanish
 - 12:00 Craft Hour
 - 1:00 The Group w/ Aaron
 - 2:00 **Fall Preventions Skills Training w/ Asphalt Green**
 - 2:00 Daily Fitness
 - 2:00 Its All About the Short Story
 - 3:30 Movie

- 02 Fri**
- 10:15 Swing w/ the Crew
 - 1-4PM Nurse Lorraine Walk-In
 - 1:15 Movie
 - 1:15 **Senior Advocacy Presentation - English**
 - 2:15 Bingo
 - 2:15 **Senior Advocacy Presentation - Spanish**

- 09 Fri**
- 10:15 Swing w/ the Crew
 - 1-4PM Nurse Lorraine Walk-In
 - 1:15 Movie
 - 1:15 **Vocal Ease Performance**
 - 2:15 Bingo
 - 2:15 **Holiday Decorating Party**

- 16 Fri**
- 10:15 Swing w/ the Crew
 - 10-12PM **VOLS Legal Clinic**
 - 1-4PM Nurse Lorraine Walk-In
 - 1:15 **Birthday Party**
 - 2:30 **Glamour Gals**
 - 3:00 Movie
 - 3:15 Bingo

- 23 Fri Early Closing 3PM**
- 10:15 Swing w/ the Crew
 - 1-4PM Nurse Lorraine Walk-In
 - 1:15 Movie

- 30 Fri Early Closing 3PM**
- 10:15 Swing w/ the Crew
 - 1-4PM Nurse Lorraine Walk-In
 - 1:15 Movie

- 03 Sat**
- 10:00 Yoga - Located at Asphalt Green
 - 1:15 Granny Squared - Located at Beacon

- 10 Sat**
- 10:00 Yoga - Located at Asphalt Green

- 17 Sat**
- 10:00 Yoga - Located at Asphalt Green
 - 1:15 Granny Squared - Located at Beacon

- 24 Sat**
- 10:00 Yoga - Located at Asphalt Green

- 31 Sat**
- 10:00 Yoga - Located at Asphalt Green

DECEMBER 2016

SENIOR CENTER MENU



The Isaacs Center programs are partially funded by the NYC Department for the Aging.

Breakfast

Breakfast is offered Mon-Fri, 8:30AM-9:15AM.
Suggested contribution is 50¢.

Lunch

A delicious, nutritionally balanced Lunch is offered Mon-Fri, 11:45AM-12:30PM. Suggested contribution is \$2 for seniors. Guest rate is \$3.

05 Mon

- B: French Toast
L: Vegetable Soup
Baked Macaroni & Cheese
Whole Wheat Bread
Mixed Green Salad
Sliced Peaches
Apple Juice, Milk

12 Mon

- B: French Toast
L: Chicken Parmesan
Spaghetti
Whole Wheat Bread
California Blend Vegetables
Cantaloupe
Orange Pineapple Juice, Milk

19 Mon

- B: French Toast
L: Beef Stew w/ Carrots & Onions
Whole Wheat Bread
Garlic Mashed Potatoes
Sauteed Broccoli w/ Mushrooms & Pearl Onions
Canned Apricots
Orange Juice, Milk

26 Mon

**Isaacs Center closed
in observance of
Christmas Holiday**

06 Tue

- B: Corn Muffin w/ Boiled Egg
L: BBQ Chicken
Whole Wheat Bread
Mustard Greens
Sweet Baked Yams
Orange
Pineapple Juice, Milk

13 Tue

- B: Corn Muffin w/ Boiled Egg
L: Lentil Soup
Stewed Pork Chops
Whole Wheat Bread
Steamed Kale
Sweet Baked Yams
Sliced Peaches
Orange Pineapple Juice, Milk

20 Tue

- B: Corn Muffin w/ Boiled Egg
L: Chicken Stir Fry
White Rice
Oriental Blend Vegetables
Sliced Peaches
Orange Pineapple Juice, Milk

27 Tue

- B: Corn Muffin w/ Boiled Egg
L: Chicken w/ Tomato Sauce
Bowtie Noodles
Whole Wheat Bread
Mixed Vegetables
Canned Apricots
Orange Juice, Milk

07 Wed

- B: Bagel w/ Cream Cheese & Oatmeal
L: Beef & Vegetable Stew
Brown Rice
Steamed Cabbage Mix
Canned Pineapple
Grape Juice, Milk

14 Wed

- B: Bagel w/ Cream Cheese & Oatmeal
L: Ravioli
Whole Wheat Bread
Mixed Green Salad
Fruit Cocktail
Orange Juice, Milk

21 Wed

- B: Bagel w/ Cream Cheese & Oatmeal
L: Baked Ziti w/ Meat Sauce
Whole Wheat Bread
Lettuce & Tomato
Mustard Greens
Orange
Pineapple Juice, Milk

28 Wed

- B: Bagel w/ Cream Cheese & Oatmeal
L: Beef Stew w/ Carrots & Onions
Baked Brown Rice Pilaf
Steamed Cabbage Mix
Orange
Grape Juice, Milk

01 Thu

- B: Waffles & Sausage
L: Turkey w/ Gravy
Whole Wheat Bread
Braised Collard Greens
Sweet Baked Yams
Fruited Jello
Grape Juice, Milk

08 Thu

- B: Waffles & Sausage
L: Pork Spare Ribs
Whole Wheat Dinner Roll
Baked Potatoes
Cauliflower w/ Carrots & Parsley
Canned Apricots
Orange Pineapple Juice, Milk

15 Thu

- B: Waffles & Sausage
L: Pepper Steak
Quinoa
Garden Salad
Honeydew
Orange Juice, Milk

22 Thu

- B: Waffles & Sausage
L: BBQ Chicken
Whole Wheat Bread
Baked Sweet Potato
Steamed Cabbage Mix
Apple
Orange Juice, Milk

29 Thu

- B: Waffles & Sausage
L: Vegetable Soup
Over Fried Chicken
Whole Wheat Bread
California Blend Vegetables
Sweet Baked Yams
Sliced Peaches
Orange Pineapple Juice

02 Fri

- B: Pancakes & Scrambled Eggs
L: Baked Salmon
Whole Wheat Bread
California Blend Vegetables
Mashed Potatoes
Orange
Apple Juice, Milk

09 Fri

- B: Pancakes & Scrambled Eggs
L: Baked Fish w/ Sweet & Sour Sauce
Bowtie Noodles
Mixed Vegetables
Fruit Cocktail
Orange Juice, Milk

16 Fri

- B: Pancakes & Scrambled Eggs
L: Baked Fish w/ Cream Corn Sauce
Whole Wheat Bread
Baby Beets & Carrots w/ Dill
Garlic & Rosemary Roasted Potatoes
Apple
Orange Juice, Milk

23 Fri

- B: Pancakes & Scrambled Eggs
L: Baked Flounder
Whole Wheat Bread
Steamed Corn on the Cob
Steamed Peas & Carrots
Fruit Cocktail
Orange Pineapple Juice, Milk

30 Fri

- B: Pancakes & Scrambled Eggs
L: Baked Fish w/ Soy Sauce
Whole Wheat Bread
Yuca
Mustard Greens
Fruit Cocktail
Orange Juice, Milk

03 Sat **Take Home Lunch Distributed on Friday**

- L: Arroz con Pollo(Rice w/ Chicken)
Yellow Rice
Mixed Green Salad
Apple
Orange Pineapple Juice, Milk

10 Sat **Take Home Lunch Distributed on Friday**

- L: Chicken Cacciatore
Chef's Rice
Sauteed String Beans
Apple
Orange Juice, Milk

17 Sat **Take Home Lunch Distributed on Friday**

- L: Baked Macaroni & Cheese
Whole Wheat Bread
Lettuce & Tomato
Fruit Cocktail
Orange Juice, Milk

24 Sat **Take Home Lunch Distributed on Friday**

- L: Chili con Carne
White Rice
Green Bean Saute
Apple
Orange Juice, Milk

31 Sat **Take Home Lunch Distributed on Friday**

- L: Baked Macaroni & Cheese
Whole Wheat Bread
Mixed Green Salad
Canned Pineapple
Apple Juice, Milk

DECEMBER 2016

MEALS ON WHEELS MENU

Please remember that Meals on Wheels is here to assist you. If you have questions or concerns regarding the meals you are receiving or the delivery service, please feel free to call our office at 212.348.4344.

If you know someone who would benefit from Meals on Wheels or if you have further questions regarding the program, please call Alicia Flores at 212.360.7630 x126.

04 Sun

Baked Ham w/ Pineapple
Whole Wheat Bread
Wild Rice
Baby Carrots w/ Parsley
Apple
Orange Juice, Milk

05 Mon

Sheppard's Pie w/ Beef
Whole Wheat Bread
Steamed Broccoli
Kiwi
Orange Pineapple Juice, Milk

06 Tue

Orange Glazed Chicken
Black Beans and Rice
Whole Wheat Bread
Mixed Vegetables
Fruit Cocktail
Apple Juice, Milk

07 Wed

Baked Fish w/ Garlic Sauce
Orzo Pilaf
Whole Wheat Bread
Steamed Spinach
Apple
Orange Juice, Milk

11 Sun

Rosemary Chicken
Whole Wheat Bread
Mashed Potatoes
Steamed Broccoli
Canned Apricots
Apple Juice, Milk

12 Mon

Teriyaki Beef
Whole Wheat Bread
California Blend Vegetables
Kiwi
Apple Juice, Milk

13 Tue

Cranberry Chicken
Whole Wheat Bread
Mashed Red Potatoes
Mixed Vegetables
Applesauce
Orange Juice, Milk

14 Wed

Moroccan Meatballs
Whole Wheat Spaghetti
Broccoli and Red Peppers
Canned Apricots
Orange Pineapple Juice, Milk

18 Sun

Meat Sauce
Whole Wheat Spaghetti
Whole Wheat Bread
Cut Green Beans
Fruit Cocktail
Orange Juice, Milk

19 Mon

Homemade Beef Stew
Whole Wheat Bread
Mixed Vegetables
Red Bliss Potatoes
Orange
Apple Juice, Milk

20 Tue

Chicken Picatta w/ Lemon Sauce
Bowtie Noodles
Whole Wheat Bread
Normandy Blend Vegetables
Kiwi
Orange Juice, Milk

21 Wed

Sweet Orange Salmon
Barley
Whole Wheat Bread
California Blend Vegetables
Pear
Orange Pineapple Juice, Milk

25 Sun

**Please call
212.348.4344 for your
special Holiday Meal to
be delivered on
Christmas Day.**

26 Mon

**Meals to be
Delivered in
Advance**
**Isaacs Center
closed
in observance of
Christmas Holiday**

27 Tue

Arroz con Pollo (Rice w/ Chicken)
White Rice
Whole Wheat Bread
Collard Greens
Orange
Apple Juice, Milk

28 Wed

Baked Basa Fish
Couscous w/ Peas & Lemon
Whole Wheat Bread
Steamed Broccoli
Canned Pears
Orange Juice, Milk

01 Thu

Chicken Parmesan
Penne
Whole Wheat Bread
Broccoli & Red Peppers
Canned Pineapple
Orange Juice, Milk

02 Fri

Baked Basa Fish
Bulgur
Whole Wheat Bread
Steamed Spinach
Banana
Orange Pineapple Juice, Milk

03 Sat

Beef Meatloaf w/ Mushroom Gravy
Orzo
Whole Wheat Bread
California Blend Vegetables
Oranges
Apple Juice, Milk



08 Thu

Chicken Jambalaya
Whole Wheat Bread
Brussel Sprouts
Canned Pineapple
Orange Pineapple Juice, Milk

09 Fri

Baked Basa Fish
Sofrito
Egg Noodles
Whole Wheat Bread
Italian Blend Vegetables
Banana
Orange Juice, Milk

10 Sat

Beef Salisbury Steak w/ Mushroom Sauce
Quinoa Pilaf
Whole Wheat Bread
Baby Carrots w/ Parsley
Orange
Orange Pineapple Juice, Milk



15 Thu

Hawaiian Chicken
Brown Rice w/ Beans
Whole Wheat Bread
Baby Carrots w/ Parsley
Banana
Apple Juice, Milk

16 Fri

Baked Fish
Bulgur
Whole Wheat Bread
Brussel Sprouts
Apple
Orange Pineapple Juice, Milk

17 Sat

Baked Mushroom Chicken
Barley
Whole Wheat Bread
California Blend Vegetables
Kiwi
Apple Juice, Milk

22 Thu

Jerk Chicken
Whole Wheat Bread
Yellow Rice
Zucchini and Carrots
Orange
Apple Juice, Milk

23 Fri

Baked Tilapia w/ Mushrooms,
Peppers, and Tomatoes
Couscous w/ Peas & Lemon
Whole Wheat Bread
Steamed Kale
Fruit Cocktail
Orange Pineapple Juice, Milk

24 Sat

**Meals to be
Delivered in
Advance**
**Isaacs Center closed
in observance of
Christmas Holiday**



29 Thu

Chicken Marsala
Whole Wheat Bread
Italian Blend Vegetables
Roasted Potatoes
Sliced Peaches
Orange Pineapple Juice, Milk

30 Fri

Baked Tilapia
Creole Sauce
Barley
Whole Wheat Sauce
Baby Carrots w/ Parsley
Apple
Orange Juice, Milk

31 Sat

**Meals to be
Delivered in
Advance**
**Isaacs Center closed
in observance of
New Year Holiday**

PUZZLES & GAMES

Its December.

Find the words that relate to winter and the holidays.

G F S F W Q I S T H O S V K K Z S M N A B X A W H O
B N L T T H O A X O T Y Y D X Z H T A J X O X D R C
N U I U F J I N G L E I V P H Z Y P M N V R O N Z C
S M F D R I F T D I G F I L L M Q R W T E X A T L I
Y F Z C D R G A A D R E E D N I E R O T C M B A S X
T P S F S E I i D A C K L J Y L M J N Y E G U A A P
S V G I T M L e J Y U W O T W E I I S N T S I U O Z
Z A T C U K M s S S M L I A G H W P T G U B J X E I
S N O W F L A k E N S A Z Z S L L E B I R A K Y I L
E T V R R Z H z P U L I T A P F A N P F M G J E X E
E G M B U V U O G Q X T O O X O T E Q X J V P P V Y

Boots
Winter
Flurries

Snowman
Santa Claus
Holidays

Jingle Bells
Ornament
Reindeer

Gifts
Sledding
Snowflake

RIDDLES

Take your pick and solve these riddles

1. if you put roast in a roaster what do you put in toaster?
2. I'm a god, a planet, and measurer of heat.
3. Why did outlaws sleep on the ground after robbing a bank?
4. Where do rivers sleep?
5. Who does the ocean date?

Who am I?

Bread

Mercury

They
wanted
to lie low

In river
beds

It goes out
with the tide

SUNDAY SUPPERS

Photos from our last Sunday Suppers on November 20th 2016.
Thank you to all the volunteers that came out and helped out.
Help us keep this tradition going by contributing at www.isaacscenter.org





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Photos from our Halloween Celebration

