



Isaacs | News + Center | Community

Your Guide to Programs and Services at the
Stanley M. Isaacs Neighborhood Center April 2017

Join us for Zumba on Thursdays at 10AM



PLEASE TURN TO PAGE 11 FOR NEWS ABOUT MEALS ON WHEELS

Stanley M. Isaacs Neighborhood Center | 415 East 93rd St, New York, NY 10128 | 212.360.7620

WEDNESDAY Membership Meeting

5
1:15PM

All Senior Center members are invited to meet the staff, hear program updates and ask questions. We would love your feedback.

TUESDAY LiveOn NY

11 & 25
10-3PM

This month the Isaacs Center welcomes LiveOn NY. LiveOn will be at the Center every 2nd and 4th Tuesday to meet with members and screen for public benefits eligibility including SNAP (Food Stamps), Medicaid, SCRIE and more.

TUESDAYS Arts & Crafts

3:30PM

The Arts & Crafts class is held every Tuesday at 3:30pm. Take a load off your mind and join us in painting, coloring, and creating beautiful art pieces.

2nd & 4th THURSDAYS Advanced Jewelry Making

3PM

Advanced jewelry making class is held every other Thursday at 3pm. Come join the fun and leave with a piece you created.

WEDNESDAYS FIDA

5 & 19
11:30AM

FIDA which stands for Fully Integrated Duals Advantage is a new program in New York State for adults who have Medicaid and Medicare and need long term care. A representative from FIDA will be at the Isaacs Center. See schedule for specific dates and times.

FRIDAYS AARP Tax Services

9:30AM

AARP last day is on Friday April 14th from 9:30am – 1:30pm. Stop by and speak with one of the AARP representatives for more information.

FRIDAYS
3PM

Clutter Busters with John
Do you have problems with organizing your home? Do you have too much stuff? You are not alone! This support group focuses on tapping into inner motivation while developing strategies and community supports.

FRIDAY
6
2PM

Tasting Day with Jeffrey
Join Jeffrey the Food Services Manager for a special Tasting day on April 6th at 2:00pm.

MONDAY
10
9:15AM
TICKET: \$50

Trip: Brownstone
Enjoy a Vegas show at the Brownstone in New Jersey. Lunch and admission is included in the ticket price. This is a rescheduled trip from March. See flyer for more details.

MONDAY
24
1:15PM

Spring Painting Class & Medicare Seminar
Join Emblem Health's team for a Spring Painting Class and Medicare Seminar! The Emblem community team will be at the Isaacs Center on April 24th at 1:15PM. There will be a painting class for all interested in creating a spring painting. There will also be a Medicare expert on site to answer your questions about healthcare and about Emblem's program. The event is open to all, supplies and light refreshments will be provided.

WEDNESDAY
19
10:15AM
TICKET: \$1

Trader Joes
Join us for a shopping trip on April 19th. Bagged lunch and round trip transportation will be provided. Meet at 10:15AM.

THURSDAY
20
9:30AM
TICKET: \$35

Trip: Sands Casino
Enjoy an all you can eat lunch buffet at the golden corral, 5 hour casino stay with \$20 in slot play and an additional \$5 coupon towards food. Bagged lunch will be provided from the Isaacs Center.

WEDNESDAY
26
2:30PM
TICKET: \$1

Dollarama Party
Feel like having fun? Do you want to hang out with some great people? If you said yes, then you should join the hospitality committee fundraiser on April 26th at 2:30pm. Cost is only \$1 to get in. Please B.Y.O.D – Bring your own drinks (non-alcoholic).

Movies at the Isaacs Center

Apr 3 Mon Miss. Peregrines Home for Peculiar Children
Apr 6 Thu Alice through the Looking Glass
Apr 7 Fri Heaven is for Real

Apr 10 Mon Mr. Church
Apr 13 Thu The Bucket List
Apr 14 Fri Pets

Apr 17 Mon Storks
Apr 20 Thu Free State of Jones
Apr 21 Fri Snowden

Apr 24 Mon Spotlight
Apr 28 Thu Bridget Jone's Baby
Apr 29 Fri Bad Moms

Movie Schedule

Mondays	Thursdays	Fridays
2:30PM	3:00PM	1:15PM

Office Hours w/ Greg

Stop in to speak with Greg during his weekly "office hours." See Eileen to schedule a time.

Isaacs Center General Information

Isaacs Center Front Desk

For Isaacs Center information, please call Helen, our front desk receptionist, at 212.360.7620 ext. 110. Stop by and say hello to Helen.

Meals on Wheels

For Meals on Wheels information and registration, please call us at 212.348.4344.

Senior Center

Membership and registration are free to all NYC residents age 60 and over. To become a Senior Center member, please ask for an appointment at the front desk.

Senior Spotlight



Alice

What brings you to the Isaacs Center everyday?

I enjoy helping out with the lunch tickets. I get to speak to everyone on those days. I also enjoy Groove with Yvonne and Roger. It gives me vim, vigor and vitality and gets my blood going. They make you think you can dance whether or not you can.

Upcoming Month

May 2017

- Musical Extravaganza with Maria Guida May 16th at 1:30PM
- Holiday Closing Memorial Day Monday May 29th, 2017.

APRIL 2017

SENIOR CENTER ACTIVITIES

The Isaacs Center is open from 8:00AM to 5:00PM on weekdays.

All events are held at the Isaacs Center unless otherwise noted.

*Please note that an advance ticket is required for some activities.

Groove on Wednesdays at 1:15PM and Fridays at 9:30



- 03 Mon**
 9:30 Tai-Chi w/ Clara
 10:30 Zumba w/ Yvonne
 1:15 Art for Beginners w/ Frank
 1:30 Pet Therapy w/ Alice
 1:30 **Food Committee w/ Jeffrey**
 2:00 Piano Lessons w/ Nick
 2:15 Drama Workshop w/ Frank
 2:30 Movie

- 04 Tue Ticket Sales 9-10:30AM**
 9:30 Stay Well Fitness w/ Denis
 10:30 Meditation
 1-4PM Nurse Lorraine Walk-In
 1:15 Rincón Latino w/ Jennifer
 1:30 **Tenants Rights Presentation**
 2:15 Bingo
 2:30 **Ed & Rec Committee w/ Anita**
 3:30 Arts and Crafts
 3:30 **Hospitality Committee w/ Khristel**
 5:00 Yoga

- 05 Wed Ticket Sales 9-10:30AM Rama Navami**
 10-12PM Blood Pressure Screenings
 10:30 Yoga w/ Nammi
 11:30-1:30PM **FIDA**
 1:15 **General Membership Meeting**
 2:30 Scrabble Group
 3:30 Bingo

- 06 Thu Ticket Sales 9-10:30AM**
 10:00 Zumba w/ Janelle
 12:00 Craft Hour
 1:00 The Group w/ Aaron
 2:00 Its All About the Short Story
 2:00 Daily Fitness
 2:00 **Tasting Day w/ Jeffrey**
 2:20 Mandarin Class
 3:00 Art Class w/ Nancy
 3:00 Movie

- 07 Fri No Housework Day**
 9:30 Groove w/ Roger
9:30-1:30PM AARP
 1-4PM Nurse Lorraine Walk-In
 1:15 Movie
 2:15 Bingo
 3:00 Clutter Busters w/ John

- 08 Sat**
 10:00 Yoga -
 Located at Isaacs Center
 11-1PM Granny Squared -
 Located at Isaacs Center

- 10 Mon Trip: Brownstone***
 9:30 Tai-Chi w/ Clara
 10:30 Zumba w/ Yvonne
 1:15 Art for Beginners w/ Frank
 1:30 Pet Therapy w/ Alice
 2:00 Piano Lessons w/ Nick
 2:15 Drama Workshop w/ Frank
 2:30 Movie

- 11 Tue Passover Begins**
 9:30 Stay Well Fitness w/ Denis
 10:30 Meditation
 10-3PM Live on NY
 1-4PM Nurse Lorraine Walk-In
 1:15 Rincón Latino w/ Jennifer
 1:00 **Social Action Committee w/ Aaron**
Councilman Ben Kallos Mobile Office Hours
 2-5PM
 2:15 Bingo
 3:00 **SPAC/NORC Meeting**
 5:00 Yoga
 7PM **Isaacs Tenant Meeting**

- 12 Wed**
 9:30 Poets & Writers
 10-12PM Blood Pressure Screenings
 10:30 Yoga w/ Nammi
 1:15 Groove w/ Yvonne
 1:30 Q&A w/ Computers
 2:00 Current Events w/ Allyson
 2:30 Scrabble Group
 3:00 Women's Group w/ Nancy
 3:30 Bingo

- 13 Thu Holy Thursday**
 12:00 Craft Hour
 1:00 The Group w/ Aaron
 1:30 **Nutrition Education w/ Jennilyn**
 2:00 Its All About the Short Story
 2:00 Daily Fitness
 2:20 Mandarin Class
 3:00 Movie
 3:00 Advanced Jewelry Making

- 14 Fri Good Friday**
 9:30 Groove w/ Roger
9:30-1:30PM AARP
 1-4PM Nurse Lorraine Walk-In
 1:15 Movie
 1:15 **Patient Advocacy w/ Jess**
 2:15 Bingo
 3:00 Clutter Busters w/ John

- 15 Sat**
 10:00 Yoga -
 Located at Isaacs Center

- 17 Mon Tax Day**
 9:30 Tai-Chi w/ Clara
 10:30 Zumba w/ Yvonne
 1:15 Art for Beginners w/ Frank
 1:15 **Village Care Rehabilitation Presentation**
 1:30 Pet Therapy w/ Alice
 2:00 Piano Lessons w/ Nick
 2:15 Drama Workshop w/ Frank
 2:30 Movie

- 18 Tue Passover Ends**
 9:30 Stay Well Fitness w/ Denis
 10:30 Meditation
 1-4PM Nurse Lorraine Walk-In
 1:15 Rincón Latino w/ Jennifer
 1:15 **MTA Reduced Fare Presentation**
 2:15 Bingo
 3:30 Arts and Crafts
 5:00 Yoga
 7PM **Holmes Tenant Meeting**

- 19 Wed Trip: Traders Joes***
 9:30 **Health Chat w/ Huda "Non-Arthritic Joint Pain"**
 10-12PM Blood Pressure Screenings
 10:30 Yoga w/ Nammi
 11:30-1:30PM **FIDA**
 1:15 Groove w/ Yvonne
 1:30 Q&A w/ Computers
 2:00 Current Events w/ Allyson
 2:30 Scrabble Group
 3:30 Bingo

- 20 Thu Trip: Sands Casino***
 10:00 Zumba w/ Janelle
 12:00 Craft Hour
 1:00 The Group w/ Aaron
 2:00 Daily Fitness
 2:00 Its All About the Short Story
 2:20 Mandarin Class
 3:00 Art Class w/ Nancy
 3:00 Movie

- 21 Fri Day of Silence**
 9:30 Groove w/ Roger
 10-12PM **VOLS Legal Clinic**
 1-4PM Nurse Lorraine Walk-In
 1:15 **Birthday Party**
 3:00 Movie
 3:00 Clutter Busters w/ John
 3:00 **Glamour Gals**
 3:15 Bingo

- 22 Sat Earth Day**
 10:00 Yoga -
 Located at Isaacs Center
 11-1PM Granny Squared -
 Located at Isaacs Center

- 24 Mon Armenian Martyrs' Day**
 9:30 Tai-Chi w/ Clara
 10:30 Zumba w/ Yvonne
 11AM-2PM **Senator Serrano Mobile Office Hours**
 1:15 Art for Beginners w/ Frank
 1:15 **Spring Painting Class & Medicare Seminar**
 1:30 Pet Therapy w/ Alice
 2:00 Piano Lessons w/ Nick
 2:15 Drama Workshop w/ Frank
 2:30 Movie

- 25 Tue**
 9:30 Stay Well Fitness w/ Denis
 10-3PM Live on NY
 10:30 Meditation
 1-4PM Nurse Lorraine Walk-In
 1:15 Rincón Latino w/ Jennifer
 2:15 Bingo
 3:30 Arts and Crafts
 5:00 Yoga

- 26 Wed Administrative Professionals Day**
 9:30 Poets & Writers
 10-12PM Blood Pressure Screenings
 10:30 Yoga w/ Nammi
 1:15 Groove w/ Yvonne
 1:30 Q&A w/ Computers
 2:00 Current Events w/ Allyson
 2:30 Scrabble Group
 2:30 **Dollarama Party**
 3:00 Women's Group w/ Nancy

- 27 Thu**
 12:00 Craft Hour
 1:00 The Group w/ Aaron
 2:00 Daily Fitness
 2:00 Its All About the Short Story
 2:20 Mandarin Class
 3:00 Movie
 3:00 Advanced Jewelry Making

- 28 Fri**
 9:30 Groove w/ Roger
 1-4PM Nurse Lorraine Walk-In
 1:15 Movie
 2:15 Bingo
 3:00 Clutter Busters w/ John

- 29 Sat**
 10:00 Yoga -
 Located at Isaacs Center

APRIL 2017

SENIOR CENTER MENU

Breakfast

Breakfast is offered Mon-Fri, 8:30AM-9:15AM. Suggested contribution is 50¢.

Lunch

A delicious, nutritionally balanced Lunch is offered Mon-Fri, 11:45AM-12:30PM. Suggested contribution is \$2 for seniors. Guest rate is \$3.

Daily Fitness Thursdays at 2PM



03 Mon

- B: Continental Breakfast
- L: Vegetable Soup
Eggplant Parmesan
Whole Wheat Bread
Cucumber Salad
Lettuce & Tomato
Apple
Orange Pineapple Juice, Milk

10 Mon

- B: Continental Breakfast
- L: Chili con Carne
White Rice
Whole Wheat Bread
Steamed Green Beans
Orange

17 Mon

- B: Continental Breakfast
- L: Baked Ziti w/ Meat Sauce
Whole Wheat Bread
California Blend Vegetables
Mixed Greens
Orange, Milk

24 Mon

- B: Continental Breakfast
- L: Oven-Baked Pork Chops
Mushroom Rice Pilaf
Whole Wheat Bread
Italian Cut Green Beans
Orange, Milk

04 Tue

- B: Continenta Breakfast
- L: Beef Stir Fry
White Rice
Oriental Blend Vegetables
Orange, Milk

11 Tue

- B: Continental Breakfast
- L: Stuffed Shells
Whole Wheat Bread
Mixed Green Salad
Peach, Milk

18 Tue

- B: Continental Breakfast
- L: Stewed Chicken
White Rice
Stew Pink Beans
Apple
Orange Pineapple Juice, Milk

25 Tue

- B: Continental Breakfast
- L: Turkey Meatloaf w/ Mushroom Gravy
Whole Wheat Bread
Mashed Potatoes
Steamed Spinach
Honeydew, Milk

05 Wed

- B: Continental Breakfast
- L: Lentil Soup
Turkey Meatballs
Whole Wheat Bread
Whole Wheat Spaghetti
Italian Cut Green Beans
Kiwi, Milk

12 Wed

- B: Continental Breakfast
- L: Baked Ziti w/ Beef Meatballs
Whole Wheat Bread
Steamed Spinach
Banana, Milk

19 Wed

- B: Continental Breakfast
- L: Sweet & Sour Pork
Brown Rice
Whole Wheat Bread
Sautéed String Beans
Cantaloupe, Milk

26 Wed

- B: Continental Breakfast
- L: Grilled Caribbean Chicken Breast
Bowtie Noodles
Whole Wheat Bread
Steamed Carrots
Cantaloupe, Milk

06 Thu

- B: Continental Breakfast
- L: Baked Chicken Legs
Baked Sweet Potato
Whole Wheat Bread
Steamed Broccoli
Sliced Peaches, Milk

13 Thu

- B: Continental Breakfast
- L: Pea Soup
Chicken Teriyaki
Chinese Style Spaghetti
Whole Wheat Bread
Oriental Blend Vegetables
Canned Apricots, Milk

20 Thu

- B: Continental Breakfast
- L: Vegetable Lasagna
Whole Wheat Bread
Garden Salad
Banana, Milk

27 Thu

- B: Continental Breakfast
- L: Beef Pot Roast
Whole Wheat Bread
Baked Sweet Potato
Collard Greens w/ Tomato
Watermelon, Milk

07 Fri

- B: Continental Breakfast
- L: Baked Flounder
Whole Wheat Bread
Yuca w/ Onions
Sautéed Spinach
Canned Apricots
Lettuce & Tomato, Milk

14 Fri

- B: Continental Breakfast
- L: Breaded Fish Fillet
Whole Wheat Bread
Baked Sweet Potato
Steamed Cabbage Mix
Orange, Milk

21 Fri

- B: Continental Breakfast
- L: Spanish Style Baked Fish
Polenta
Whole Wheat Bread
Collard Greens
Honeydew, Milk

28 Fri

- B: Continental Breakfast
- L: Baked Fish w/ Garlic Sauce
Brown Rice
Whole Wheat Bread
Green Bean Saute
Banana
Orange Pineapple Juice, Milk

01 Sat Take Home Lunch Distributed on Friday

- L: Beef & Broccoli
White Rice
Winter Blend Vegetables
Orange
Apple Juice, Milk

08 Sat Take Home Lunch Distributed on Friday

- L: Arroz con Pollo(Rice w/ Chicken)
California Blend Vegetables
Apple
Orange Juice, Milk

15 Sat Take Home Lunch Distributed on Friday

- L: Baked Macaroni & Cheese
Whole Wheat Bread
Mixed Vegetables
Cantaloupe, Milk

22 Sat Take Home Lunch Distributed on Friday

- L: Beef Salisbury Steak w/
Mushroom Sauce
Egg Noodles
Whole Wheat Bread
Steamed Broccoli
Orange, Milk

29 Sat Take Home Lunch Distributed on Friday

- L: Chicken Salad
Whole Wheat Dinner Roll
Cabbage-Carrot Slaw
Potato Salad
Orange, Milk

APRIL 2017

MEALS ON WHEELS MENU

Please remember that Meals on Wheels is here to assist you. If you have questions or concerns regarding the meals you are receiving or the delivery service, please feel free to call our office at 212.348.4344.

02 Sun

Herbed Chicken
Quinoa Pilaf
Whole Wheat Bread
Broccoli
Canned Apricots
Orange Pineapple Juice, Milk

09 Sun

Ham
Whole Wheat Bread
Wild Rice
Green Beans & Carrots
Canned Apricots
Orange Juice, Milk

16 Sun

Ham
Whole Wheat Bread
Wild Rice
Green Beans & Carrots
Canned Apricots
Orange Juice, Milk

23 Sun

Turkey w/ Gravy
Brown Rice w/ Mushrooms
Whole Wheat Bread
Cut Green Beans
Orange
Apple Juice, Milk

03 Mon

Beef Meatloaf w/ Mushroom Gravy
Mashed Red Potatoes
Whole Wheat Bread
California Blend Vegetables
Kiwi
Apple Juice, Milk

10 Mon

Baked Turkey Breast
Whole Wheat Bread
Mashed Red Potatoes
Mixed Vegetables
Orange
Apple Juice, Milk

17 Mon

Baked Asian Style Honey Chicken
Egg Noodles
Whole Wheat Bread
Collard Greens
Orange
Apple Juice, Milk

24 Mon

Beef Stew w/ Carrots & Onions
Whole Wheat Bread
Cut Green Beans
Red Bliss Potatoes
Orange
Apple Juice, Milk

04 Tue

Curry Chicken
Egg Noodles
Whole Wheat Bread
Steamed Broccoli & Cauliflower
Applesauce
Orange Juice, Milk

11 Tue

Chicken w/ Oyster Sauce
Chinese Style Spaghetti
Whole Wheat Bread
Normandy Blend Vegetables
Kiwi
Orange Pineapple Juice, Milk

18 Tue

Baked Basa Fish
Sofrito
Quinoa Pilaf
Whole Wheat Bread
Steamed Broccoli
Canned Pears
Orange Juice, Milk

25 Tue

Chicken Alfredo
Fettucini w/ Sauce
Whole Wheat Bread
Baby Carrots w/ Parsley
Vanilla Pudding
Orange Juice, Milk

05 Wed

Baked Whiting Fish Fillets
Dill Lemon Sauce
Couscous
Whole Wheat Bread
Italian Blend Vegetables
Orange Pineapple Juice
Sliced Peaches, Milk

12 Wed

Pineapple Glazed Salmon
Barley
Whole Wheat Bread
California Blend Vegetables
Apple Juice
Pear, Milk

19 Wed

Chicken Chasseur
Whole Wheat Bread
Italian Blend Vegetables
Roasted Potatoes
Banana
Apple Juice, Milk

26 Wed

Baked Basa Fish
Couscous w/ Peas & Lemon
Whole Wheat Bread
Steamed Spinach
Apple
Orange Pineapple Juice, Milk

Art Class with Nancy on Thursdays 3PM



06 Thu

Hawaiian Chicken
Brown Rice w/ Beans
Whole Wheat Bread
Baby Carrots w/ Parsley
Banana
Apple Juice, Milk

13 Thu

Chicken Picatta w/ Lemon Sauce
Quinoa Pilaf
Whole Wheat Bread
Zucchini & Carrots
Banana
Orange Juice, Milk

20 Thu

Teriyaki Tilapia
Barley
Whole Wheat Bread
Baby Carrots w/ Parsley
Apple
Orange Juice, Milk

27 Thu

Cranberry Chicken
Mashed Red Potatoes
Whole Wheat Bread
Italian Blend Vegetables
Fruit Cocktail
Apple Juice, Milk

07 Fri

Baked Basa Fish
Ginger Sauce
Bulgur
Whole Wheat Bread
Spinach
Apple
Orange Pineapple Juice, Milk

14 Fri

Baked Fish w/ Garlic Sauce
Couscous w/ Peas & Lemon
Whole Wheat Bread
Steamed Kale
Fruit Cocktail
Apple Juice, Milk

21 Fri

Beef Salisbury Steak w/
Mushroom Sauce
Whole Wheat Bread
Garlic & Rosemary Roasted Potatoes
Zucchini & Peas
Canned Apricots
Orange Pineapple Juice, Milk

28 Fri

Salmon in Garlic Butter Sauce
Quinoa Pilaf
Whole Wheat Bread
Steamed Spinach
Banana
Orange Pineapple Juice, Milk

01 Sat

Meat Sauce w/ Chunky Peppers in Tomato Sauce
Egg Noodles
Whole Wheat Bread
Normandy Blend Vegetables
Applesauce
Orange Juice, Milk



08 Sat

Baked Mushroom Chicken
Barley
Whole Wheat Bread
Cut Green Beans
Kiwi
Apple Juice, Milk



15 Sat

Grilled Chicken Breast
Ginger Sauce
Red Bliss Potatoes
Steamed Broccoli
Apple
Orange Pineapple Juice, Milk

22 Sat

Beef Salisbury Steak w/
Mushroom Sauce
Whole Wheat Bread
Garlic & Rosemary Potatoes
Zucchini & Peas
Canned Apricots
Orange Pineapple Juice, Milk



29 Sat

Meat Sauce w/ Chunky Peppers
in Tomato Sauce
Egg Noodles
Whole Wheat Bread
Normandy Blend Vegetables
Kiwi
Apple Juice, Milk

30 Sun

Honey-Apricot Glazed Chicken
Rice w/ Corn
Whole Wheat Bread
Broccoli
Canned Apricots
Orange Pineapple Juice, Milk

PUZZLES & GAMES

Its April.

Find the words that relate to Spring Showers bring May Flowers.

C Y F R R R U B Y H L T V B Z C N L W F K S D R I B
 I S E I Q Y F M F A H I J X Y L P M E G Z R P E F B
 L N V W O Y Q I B G M O S L B E S E D I O E R Q U I
 D A N D E L I O N R S G F Q B A S R X Z S W D X T F
 P J L V D R S I U E E R J L V N R P E O Y O L Z N S
 I O Q S H V W D E L E L O L M I C F F W O H X O S L
 C J F D H O V D H T V S L W I N H J J I O S Z N M V
 N J M L R N S S T K S G T A H G E S M G N L F A H V
 I O V G N C Y U M O S Q K F D P D G S G J G F J F H
 C R J R V O B K M W M B T K O A Q T U B Q O B I Z N
 R A I N B O W N C H A Z X N M I U G N I T L E M F P

Blossom
 Melting
 Seeds
 Flowers
 Spring

Showers
 Umbrella
 Birds
 Growing
 Butterfly

Dandelion
 Picnic
 Rainbow
 Cleaning
 May

RIDDLES

Take your pick and solve these riddles

1. Which three letters can frighten a thief away?
2. What lives in winter, dies in summer, and grows with its roots upward?
3. What is the easiest way to double your money?
4. What happens when a red rock falls in a purple pond?
5. What is new and old at the same time?

ICU

lcycle

Put it in front of a mirror

The rock gets wet

Land

Home Delivered Meals Provided by DFTA Will Continue Uninterrupted Despite President's FY 2018 Proposal

March 21, 2017

The NYC Department for the Aging (DFTA) wants to reassure our meal recipients – and those who care for them – that the meal services we provide, which homebound seniors rely on, will continue uninterrupted.

The President's proposed budget for 2018 calls for eliminating funding for federal programs within the US Department of Housing and Urban Development (HUD), including the Community Development Block Grant (CDBG). The proposed \$3 billion cut would eliminate CDBG funding to states to use for a variety of programs, including supporting senior nutrition programs, such as home-delivered meals.

In New York City, home-delivered meals are funded through DFTA and on weekends through a public-private partnership with Citymeals on Wheels. These programs do not receive funding from HUD, and thus, currently are not at risk of being de-funded.

However, because the budget outline released by the President lacks many details on individual agency spending, we do not know exactly how this overall cut would affect most Older Americans Act programs. This is a preliminary budget that has to be approved by both houses of Congress.

We urge all those who are concerned about these potential cuts to let their Congressional representatives know how vital home-delivered meals are to our homebound older adult neighbors, our families and communities. You can contact your local representative by calling the Capitol Switchboard at (202) 224-3121 to reach DC offices, and district office phone numbers can be found on Congress Members' websites.



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Sunday Suppers

